

CT Children's CLASP Guideline Clinician Guide

Early Onset Pubic Hair

CLINICIAN GUIDE: SEXUAL MATURITY STAGING

Source: Sun SS, Schubert CM, Cameron WC, Roche AFR, Kulin HE, Lee PA, Himes JH, Ryan AS. National estimates of the timing of sexual maturation and racial differences among US children. *Pediatrics*. 2002;110(5):911-919.

PUBIC HAIR (GIRLS)	Median age at entry into PH2:	Median age at entry into PH5:	<i>Approximate duration PH2-PH5</i>
Non-Hispanic White	10.57	16.33	5.8 years
Non-Hispanic Black	9.43	14.70	5 years
Mexican American	10.39	16.30	5.8 years

PUBIC HAIR (BOYS)	Median age at entry into PH2:	Median age at entry into PH5:	<i>Approximate duration PH2-PH5</i>
Non-Hispanic White	11.98	15.67	3.7 years
Non-Hispanic Black	11.16	15.32	4 years
Mexican American	12.30	15.75	3.5 years

BREAST DEVELOPMENT (GIRLS)	Median age at entry into B2:	Median age at entry into B5:	<i>Approximate duration B2-B5</i>
Non-Hispanic White	10.38	15.47	5 years
Non-Hispanic Black	9.48	13.92	5 years
Mexican American	9.80	14.70	5 years

GENITALIA DEVELOPMENT (BOYS)	Median age at entry into G2:	Median age at entry into G5:	<i>Approximate duration G2-G5</i>
Non-Hispanic White	10.03	16.01	6 years
Non-Hispanic Black	9.20	15.00	5.8 years
Mexican American	10.29	15.76	5.5 years

AVERAGE PUBERTAL TEMPO BETWEEN EACH STAGE

Stage		Average time interval between median age of entry into each stage (in years)	Stage		Average time interval between median age of entry into each stage (in years)
Pubic Hair (Girls)	PH2 to PH3	1.2	Breast Development (Girls)	B2 to B3	1.4
	PH3 to PH4	1.3		B3 to B4	1.5
	PH4 to PH5	3		B4 to B5	1.8
Pubic Hair (Boys)	PH2 to PH3	0.9	Genitalia Development (Boys)	G2 to G3	2.4
	PH3 to PH4	1.1		G3 to G4	1.4
	PH4 to PH5	1.8		G4 to G5	2*

*In Non-Hispanic White, the time interval between median age of entry into stages G4 and G5 was approximately 2.5 years; in Non-Hispanic Black the interval was 1.6 years, and in Mexican American boys was 2 years.