How Easy Breathing<sup>©</sup> helps Primary **Care Clinicians** to Provide Great **Asthma Care** 



It's important that children, families and physicians work together to manage childhood asthma. A child's well-being and quality of life is dependent on the entire family's understanding of an individualized treatment plan and immediate action when an asthma attack starts.



### **CONNECTICUT'S CHILDREN EXPERIENCE HIGH RATES** OF CHILDHOOD ASTHMA



**14%** of New England children have asthma, compared to in the U.S.

#### A COST-EFFECTIVE, 5-STEP PROCESS TO **IDENTIFY AND MANAGE CHILDHOOD ASTHMA** Connecticut Children's Medical Center's Easy Breathing program

helps primary care clinicians diagnose and manage asthma

**Diagnosis** Survey guides the asthma diagnosis

Severity Provider Assessment helps determine asthma severity

Asthma Treatment Selection Guide helps clinicians choose the appropriate therapy

**Therapy** 

Field-tested written treatment plans families understand

**Treatment Plans** 

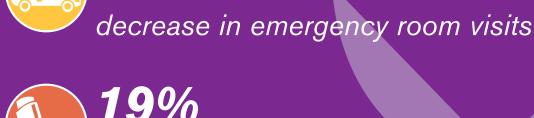
Care The Asthma Control Test to assess asthma control

Follow-up

#### CHILDREN ENROLLED IN EASY BREATHING® HAVE EXPERIENCED A...



31%



19%

ROI for Easy Breathing for Medicaid children: \$3.58 per child with asthma per year\*\*

**EASY BREATHING HAS MADE A STATEWIDE IMPACT ON** 

decrease in outpatient visits

**CHILDHOOD ASTHMA** Of the over 150,000 children screened in

CT, 27% have physician-confirmed asthma. 27%

Of those with persistent asthma, 98% receive guidelines-recommended daily anti-inflammatory therapy

350 pediatric clinicians in

110 practices across the state participate in Easy Breathing<sup>©</sup>

# To learn more about

## Easy Breathing®, visit

\*Based on data collected through March 31, 2015 \*\*Based on data collected in 2009

REFERENCES

/WW.CONNECTICUTCHILDRENS.ORG/ASTHMACENTER

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