

CT Children's CLASP Guideline References

Adolescent Shoulder Instability

- Arciero RA, Wheeler JH, Ryan JB, McBride JT. Arthroscopic Bankart repair versus nonoperative treatment for acute, initial anterior shoulder dislocation in young athletes. *Am J Sports Med.* 1994;22:589-594
- Bottoni CR, Wilckens JH, DeBerardino TM, D'Alleyrand JC, Rooney RC, Harpstrite JK, Arciero RA. A prospective, randomized evaluation of arthroscopic stabilization versus nonoperative treatment in patients with acute, traumatic, first-time shoulder dislocations. *Am J Sports Med.* 2002;30:576-580
- Taylor DC, Krasinski KL. Adolescent Shoulder Injuries: Consensus and Controversies. *J Bone Joint Surg Am.* 2009;91:462-473
- Wheeler JH, Ryan JB, Arciero RA, Molinari RN. Arthroscopic versus nonoperative treatment for acute shoulder dislocations in young athletes. *Arthroscopy.* 1989;5:213-217
- For information on shoulder instability with pictures, we suggest: "The Loose Shoulder" *Maîtrise Orthopédique* no. 111; February 2002.
http://www.maitrise-orthop.com/corpusmaitri/orthopaedic/112_kelly/kellyus.shtml