





RESOURCES

AND WAYS TO CONNECT FOR YOUNG ADULT CANCER PATIENTS & SURVIVORS

Ages 18+

Resources

13Thirty Cancer

Learn about what other young adults living with cancer have to say about their experience. 13thirty.org

Caregather

Coordinate offers of help from your friends and family all in one place. <u>caregather.com</u>

Cancer and Careers

Empowers and educates people with cancer to thrive in the workplace.

cancerandcareers.org

Elephants and Tea

Their mission is to help adolescent and young adult patients, survivors and caregivers know they are not alone in their fight with cancer by providing opportunities for connection.

<u>elephantsandtea.com</u>

Imerman Angels

Partners individuals seeking cancer support with a "Mentor Angel", so that no one has to face cancer alone. <u>imermanangels.org</u>

AYA = Adolescents and Young Adults

Lacuna Loft

Young adult cancer support, connection and resources. *lacunaloft.org*

Livestrong AYA

Comprehensive website for young adults dealing with cancer.

livestrong.org/we-can-help/young-adults

National Cancer Institute AYA Portal

Answers questions about AYA cancers, treatment, clinical trials and support. cancer.gov/types/aya

Reid R. Sacco AYA Cancer Alliance

The Alliance provides support for leading-edge research specifically directed at finding better treatments and cures for young adult cancers. <u>cancerinyoungadults.org</u>

Stupid Cancer

Empowers and connects young adults with cancer. <u>i2y.org</u>

Take Charge

Education and support on fertility preservation. *letstakecharge.org*

Teen Cancer America

Teen Cancer America works as a change agent improving the lives of AYA's with cancer in hospitals across the country. Helpful resource section.

teencanceramerica.org

The Sam Fund

Offers financial support for young adult cancer survivors. *thesamfund.org*

Triage Cancer

Provides education, materials and workshops on the issues that impact individuals with cancer. *triagecancer.org*

The Ulman Cancer Fund for Young Adults

Provides support, education and resources for young adults, their family and friends dealing with cancer. <u>ulmanfund.org</u>



Scholarships

There are many scholarship opportunities available for current cancer patients and survivors. An internet search will provide many options. Ask about our scholarship list.



The Center for Cancer and Blood Disorders has a Resource Specialist available who can offer resources to assist with financial needs that may arise during treatment. Please ask someone on your care team to be connected.

Camps, Trips and Opportunities for Young Adults

Camp Mak-A-Dream

Provides a free Montana experience for individuals and families affected by cancer. *campdream.org*

Dear Jack Foundation

Provides unique opportunities, support and retreats for young adults with cancer. deariackfoundation.org

Do it for the Love

Provides concert tickets to those who need the healing power of music.

doitforthelove.org

Dream Street

A free week-long retreat in Arizona for young adults (18-24) who are dealing with life threatening illnesses.

dreamstreetfoundation.org

Epic Experience

Free week-long outdoor experiences for individuals who have been diagnosed with cancer. *epicexperience.org*

First Descents

Free outdoor adventure programs for young adults ages 18-39 diagnosed with cancer after the age of 15. *firstdescents.org*

Flashes of Hope

A national organization that partners with Connecticut Children's to provide free photo sessions to our patients. For more information, ask your social worker.

Little Wonder

Offers tickets to patients and their families who are in active treatment to attend local concerts, theater and sporting events.

Speak to our resource specialist to sign up.

Livestrong at the YMCA

A 12-week fitness program for cancer survivors ages 18 & up.

livestrong.org/ymca-search

Next Step

Free retreats, workshops and a summer "campference" for teens and young adults (16-24) with cancer.

nextstepnet.org

Project Koru

Free week-long camps in Hawaii and Oregon, 3 day workshops, and retreats for ages 18-39.

<u>projectkoru.org</u>

Send It

The Send It Foundation creates free multi-day outdoor adventures in Lake Tahoe and the San Francisco Bay Area for young adult cancer fighters ages 21 – 40.

senditfoundation.org

Special Wishes

Local wish granting organization that grants wishes up to age 21.

Call for more information 860.274.5224.

Together Teens & 20's

Focuses on all aspects of the AYA cancer experience with helpful information and videos. together.stjude.org/en-us/teensand20s

True North Treks

Free weekend or week-long backpacking and canoeing treks in wilderness destinations for young adult cancer survivors (ages 18-39) and caregivers.

truenorthtreks.org