

# Insulin Pump *Reminders*

Remember that if your site is not working properly, you will develop ketones and get very sick, very fast, and may need to be hospitalized. Following the instructions outlined below will help keep you safe!

If you have **Moderate or Large Ketones, or if you are sick or vomiting**, change the site immediately, and take the correction suggested by needle and syringe. Call the emergency number for assistance **860.545.9370**

## Site Change

- Remember to change your site, reservoir and tubing every 2 days.
- Rotate pumps sites - don't put into a hard or lumpy area.
- Avoid changing your site last thing before going to bed - if your site is not working, you will get very sick and could need to go to the hospital.
  - Always check a blood sugar 2 hours after you change your site.
  - If your number is over 250, take a correction and follow the steps outlined below.

## Housekeeping

- Make sure to order supplies when you are starting your last box.
- Have all of your pump settings written down in case of a pump failure.
- Have Lantus insulin available in case of a pump failure.
- Never suspend or disconnect for longer than an hour at a time. If you are playing a sport that is longer than an hour, you must reconnect after an hour and give some insulin. Please contact your educator if you need guidelines.



## Most Important

### Blood Glucose

- Remember to test blood glucose pre-meals, and bedtime, and if you are not feeling well.
- If blood glucose is above 250, check to make sure your site is in and you have bolused for your last meal.
- Test for urine ketones if blood glucose is above 250.
  - If there are **no ketones**, correct by giving insulin via the pump.
  - If the blood glucose does not come down after 2 hours, change the site and give the suggested correction by needle and syringe to be sure you receive insulin.