

# Quality Measure Support Document 2024

## CIGNA Measure Supports

**\*Bolded metrics may require new processes in your practice, if not already standard with your patients. We can help you with strategies to implement these screenings. Let us know how we can help.**

### Child & Adolescent Well Care Visits (3-21 years)

- One well visit annually will satisfy the measure

### Well Child Visits 0-15 Months (6+ Visits)

- Child must have 6 well visits with a primary care provider (PCP) that are more than 14 days apart during the first 15 months of life
- 15 month visit does not count because it usually takes place after 15 months post birth

### Chlamydia Screening (16-24yo females)

- To qualify, patient must have diagnosis of sexual activity, pregnancy test or claim for birth control
- Exceptions include a pregnancy test associated with radiologic imaging within 6 days or isotretinoin (Accutane) prescription
- OCP use for acne, hirsutism, dysmenorrhea, or other diagnosis is not an exception

### Depression Screening (12y+)

- All patients 12 years and older are to be screened for depression using a standardized tool
- Examples of valid tools include the [PSC-17](#), [PHQ-9](#), [CES-DC](#), [KADS](#)
  - [Most frequently used CPT code is 96127](#), ICD 10 code is z13.31
- Can be done at any office visit during the year, and only needs to be done once during the year
- If a screen is positive, there must be documentation of follow up, which includes documentation of a referral and/or treatment initiation (therapy, medication)

### Social Determinants of Health Screening (18y+)

- Focused only on patients 18 years and older
- Examples of valid tools include: [Social Needs Screening Tool-AAFP](#); [Health Leads](#); [PRAPARE](#)
- If needs are uncovered using the tool
  - Provide list of local resources using [211 of Connecticut](#) or dial 211
  - Contact the Better Health team 860-837-6200 or [betterhealth@connecticutchildrens.org](mailto:betterhealth@connecticutchildrens.org)

### Electronic Prior Authorization (ePA)

- Submit prescriptions requiring prior authorization via an ePA tool
- You may already have this tool (such as [surescripts](#)) in your EHR. If you do, there is nothing else you need to do except continue to use it for Cigna patients and their medication needs
- If you do not have EHR integration, you can use [covermymeds](#) site

### Generic Dispensing Rate

- Prescribe generic medications when possible

### Patient Experience

- More to come on this metric

### Real Time Benefit Check (RTBC)

- Ensure RTBC is activated in your EHR
- Success is based on prescribing a medication via RTBC
- ePA is usually available in RTBC and will make using both more efficient

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## Changes to Existing Metrics List for 2024

### AETNA

- Removed
  - Asthma Medication Ratio
- Added
  - Non-recommended Cervical Cancer Screening in Adolescents
    - Network scores extremely well on this metric. Does not require additional action.

### ANTHEM

- Removed
  - Avoidance of Antibiotic Treatment for Acute Bronchitis/Bronchiolitis
  - Chlamydia Screening 16-24
  - Pediatric Readmission (<18)
  - Potentially Avoidable ER: 18+
- Added
  - Child & Adolescent Well Care Visits 3-21
  - Follow Up After ED Visit for Mental Illness-7 Day
    - Better Health team is contacting all Connecticut Children's behavioral health discharges to ensure follow up
  - Observed/Expected Emergency Department Utilization (EDU): 18+
    - Excludes behavioral health ED visits

### ANTHEM-STATE OF CT

- Removed
  - None
- Proposed to be added (Care Network team will be discussing these with Anthem team)
  - Diabetes Care-Kidney Health Evaluation
  - Immunizations for Adolescents-combo 2
  - Follow Up After ED Visit for Mental Illness-7 Day
    - Better Health team is contacting all Connecticut Children's behavioral health discharges to ensure follow up
  - Screening for Depression (12+) and Follow Up Plan
    - All patients 12 years & older should be screened for depression using a standardized tool
    - Examples of valid tools include the [PSC-17](#), [PHQ-9](#), [CES-DC](#), [KADS](#)
      - [Most frequently used CPT code is 96127](#), ICD 10 code is z13.31
    - Can be done at any office visit during the year. Only needs to be done once a year
    - If a screen is positive, there must be documentation of follow up, which includes documentation of a referral and/or treatment initiation (therapy, medication)

### CONNECTICARE

- Removed
  - Asthma Medication Ratio
  - Child and Adolescent Well-Care Visits (WCV)-African American
  - Follow-Up After ED Visit for Mental Illness (FUM)-7 Day
  - Immunizations for Adolescents-Combo 2 (IMA)
  - Weight Assessment and Counseling-BMI Percentile
- Added
  - None