

INFANT MENTAL HEALTH

Infant mental health is a crucial aspect of overall pediatric care, as it encompasses the social, emotional, and cognitive development of children from birth to three years. Understanding and promoting infant mental health can significantly impact long-term developmental outcomes, including emotional regulation, social skills, and resilience. By prioritizing infant mental health, pediatricians not only enhance individual well-being but also contribute to the broader goal of reducing the incidence of mental health disorders in later childhood and beyond.

This module increases knowledge about the importance of Infant Mental Health. It promotes practice change to support positive social-emotional development in young children. Finally, the module provides resources for supporting families and practices in promoting social emotional development.



Practices receive:

- CME credit(s)
- Breakfast or lunch for all participating team members

The module is free and can be presented in person or virtually.

Learn more about [Educating Practices](#) or contact the [Educating Practices team](#) to schedule a training session.