

## SUBSTANCE USE PREVENTION, EARLY IDENTIFICATION, AND BRIEF INTERVENTION IN PEDIATRIC PRIMARY CARE

Substance use prevention, early identification, and brief intervention in pediatric primary care are essential for reducing the risk of future substance abuse. Pediatricians can identify risk factors early, such as peer pressure or family history, through regular screenings and conversations. By integrating prevention strategies into routine care, providers can offer guidance and age-appropriate interventions that promote healthy decision-making and resilience in children and adolescents. Brief interventions and open discussions help address concerns early, fostering long-term well-being and preventing substance use before it starts.

This module describes the prevalence of substance use in pediatric populations. It develops prevention strategies and anticipatory guidance messages to deliver to families on a universal and routine basis. Finally, the module employs the basic components of the SBIRT (Screen, Brief Intervention, Referral to Treatment) model as standard pediatric care. Additionally, this module can link patients to local referral resources and monitor their progress.



### Practices receive:

- CME credit(s)
- Breakfast or lunch for all participating team members
- Referral resources

The module is free and can be presented in person or virtually.

Learn more about [Educating Practices](#) or contact the [Educating Practices team](#) to schedule a training session.