

Daycare/ Child care

Care for kids

Website: <https://portal.ct.gov/oec/care4kids>

Description:

Care 4 Kids helps low to moderate income families in Connecticut pay for child care costs. This program is sponsored by the Connecticut Office of Early Childhood.

Contact:

Phone: 1-888-214-5437.

Fax: 1-877-868-0871

Hours of operation:

Monday, Tuesday, Wednesday, Friday: 8 AM – 5 PM

Thursday: 8 AM – 6 PM

211

Website: <https://www.211childcare.org/>

Description:

2-1-1 is the confidential, free, 24-hour a day, and multilingual way to locate hundreds of human services in your area.

Call 211 or (800) 505-1000

Connecticut Office of Early Childhood

Website: <https://www.ctoec.org/>

Description:

The Connecticut Office of Early Childhood (OEC) oversees a network of early childhood care, education, and development programs.

Phone: [860-500-4412](tel:860-500-4412)

Housing

New reach

Website: <https://www.newreach.org>

203.492.4866

email: info@newreach.org

Description:

We inspire lasting independence for all people affected by homelessness and poverty through a continuum of housing and support, using the most innovative, progressive, equitable and inclusive methods.

Housing Urban Development (HUD Housing)

Website: [Connecticut | HUD.gov / U.S. Department of Housing and Urban Development \(HUD\)](#)

Phone: 202-708-1112

Description:

HUD supports many organizations that provide housing assistance and/or supportive services to people.

Department of Housing

Website: <https://portal.ct.gov/doh/doh/housing/funding-opportunities>

505 Hudson Street
Hartford CT 06106-7106

Description:

The Department of Housing's mission is to ensure everyone has access to quality housing opportunities and options throughout the State of Connecticut.

Phone Number: [860-270-8262](tel:860-270-8262)

Fax: 860-706-5741

Utilities

Medical Protection

Website: <https://www.eversource.com/mdform/MedicalLogin.aspx>
(Must be filled out by provider)

Description:

In Connecticut, registered physicians, physician assistants, and advanced practice registered nurses are able to use this to protect eligible Eversource residential customer households from possible termination of service for non-payment of utility bills.

- Keep The Power On-Utility clinics are held through the Center for Children's Advocacy/Medical Legal Partnership which are free for families. Families can contact the Center for Children's Advocacy (860) 570-5327 for more information on the next clinic time and place.

Hotline

Connecticut hotline

Description:

System of help via telephone - a single integrated source for information about community services, crisis intervention and referrals to health and human services.

Phone: 211

Job assistance

State site

Website: <https://portal.ct.gov/services/jobs-and-employment/find-a-job/employment-resources>

[\(860\) 263-6000](tel:8602636000)

Description:

Website for site for programs to help with finding jobs and employment in Connecticut.

America Job center

Website: <https://ctdol.jotform.com/AJC3/requestemploymentservices60>

Description:

The American Jobs Centers System is a partnership of state, regional, and local organizations that provide workforce assistance to job seekers and businesses. Application for information.

CT Hires

Website: <https://www.cthires.com/vosnet/default.aspx>

Description:

CT Hires registration builds a profile for skills matching—identifying how your abilities will help you succeed in specific occupations.

First Employment services

Website: <https://portal.ct.gov/dol/divisions/jobs-first-employment-services/program-details>

1-855-626-6632

Description:

Connecticut's Jobs First Employment Services (JFES) program helps parents gain the skills needed to obtain meaningful employment and become independent of assistance.

English Learning

Capital College

Website: [English-As-A-Second-Language \(ESL\) Program | CT State \(capitalcc.edu\)](https://www.capitalcc.edu/English-As-A-Second-Language-(ESL)-Program)

Description:

CT State Capital's ESOL Program is designed to enable non-native English-speaking students to develop and synthesize the core English language proficiency skills necessary for success towards attaining a college degree or certificate.

James Rodriguez
jrodriguez@ccc.commnet.edu
(860) 906-5203

Connecticut Parents advocacy Center

Website: <https://cpacinc.org/>

Description:

All families will have the confidence, knowledge and understanding they need to effectively advocate for their children and to partner with professionals to ensure the children and youth grow and learn to their full potential.

Contact Information:
Phone: (860) 739-3089
Fax: (860) 739-7460
Email: cpac@cpacinc.org

ELSS

Website: <https://www.elss-fairfieldcounty.org/>

Description:

English Learner Support Services (ELSS), a 501(C)(3) nonprofit organization, provides supplemental English language programming to students in Fairfield County, Connecticut.

Contact information:
CONTACT@ELSS-FAIRFIELDCOUNTY.ORG
203-807-8709

GED services

CT website

<https://portal.ct.gov/sde/adult-ed/ged/getting-a-ged-in-connecticut>

[providerdirectory.pdf](#)

Description:

GED helps with getting high school diploma through classes or taking the test.

Transportation

CT hotline

CT hotline:

Phone: 211

Description:

System of help via telephone - a single integrated source for information about community services, crisis intervention and referrals to health and human services.

Veyo

Website: [Veyo – Non Emergency Medical Transportation](#)

Description:

We are a proven, end-to-end solution to the logistics challenge of NEMT (non emergency medical transportation).

Advancing performance for all modes, all geographies, and all member needs.

Medical Transportation

<https://www.mtm-inc.net/connecticut/members/>

Phone:

855-478-7350 and Dial 9

Description:

Transportation services for medical appointments to and from the appointment.

Resources for Quitting Smoking

National Quit lines

Quit Now

1-800-QUIT-NOW

Description:

A free, confidential helpline offering support, counseling, and access to local resources for quitting tobacco in the U.S.

Smoke free

Website: Smokefree.gov

Text Support: Text "QUIT" to 47848 for daily tips and support.

Description:

Offers tailored resources for different populations (e.g., teens, women, and veterans), free quit plans, text messaging support, and live chat with a counselor.

Hartford Hospital Program

Website: [Help to Quit Smoking | Hartford HealthCare | CT](#)

Phone number: 860.972.3668

ricardo.rico@hhchealth.org

Description:

The program offers behavioral techniques, medication options and counseling support. SToPP accepts all health insurances and offers services in Spanish.

Additional Resources

Healthy Homes

Website: [Healthy Homes Program | Connecticut Children's](#)

Phone: 860.837.6234

Description:

The program strives to prevent housing-related issues. It also strives to catch and correct any problems as early as possible. In doing so, the program helps to strengthen health and development outcomes in children's earliest years and establishes a platform for health throughout their lives.

Putting on AIRS

Website: [putting-on-airs-program.pdf](#)

Description:

Putting on AIRS is an asthma home-visiting program providing intensive asthma management, education, and environmental support for people with asthma that is poorly controlled.

American Lung Association

Website: [Finding Support to Help You Manage Asthma | American Lung Association](#)

Phone: 866-252-2959

Description:

Our Lung Health Navigators will walk you through various treatment options, when to seek a specialist or second opinion, lifestyle changes and ways to prevent your lung disease from getting worse.