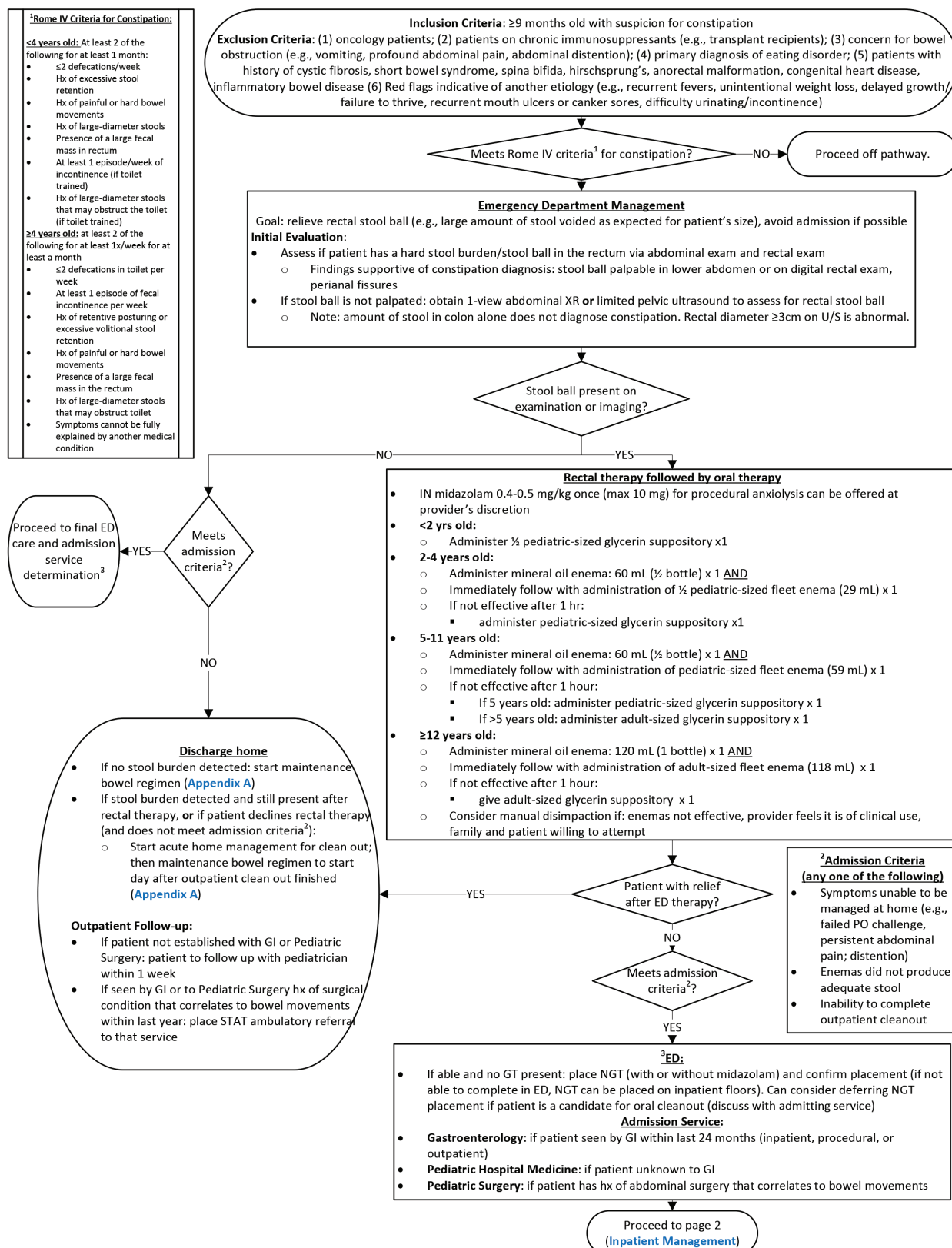


CLINICAL PATHWAY: Constipation Emergency Department Care

THIS PATHWAY
SERVES AS A GUIDE
AND DOES NOT
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JUDGMENT.



NEXT PAGE

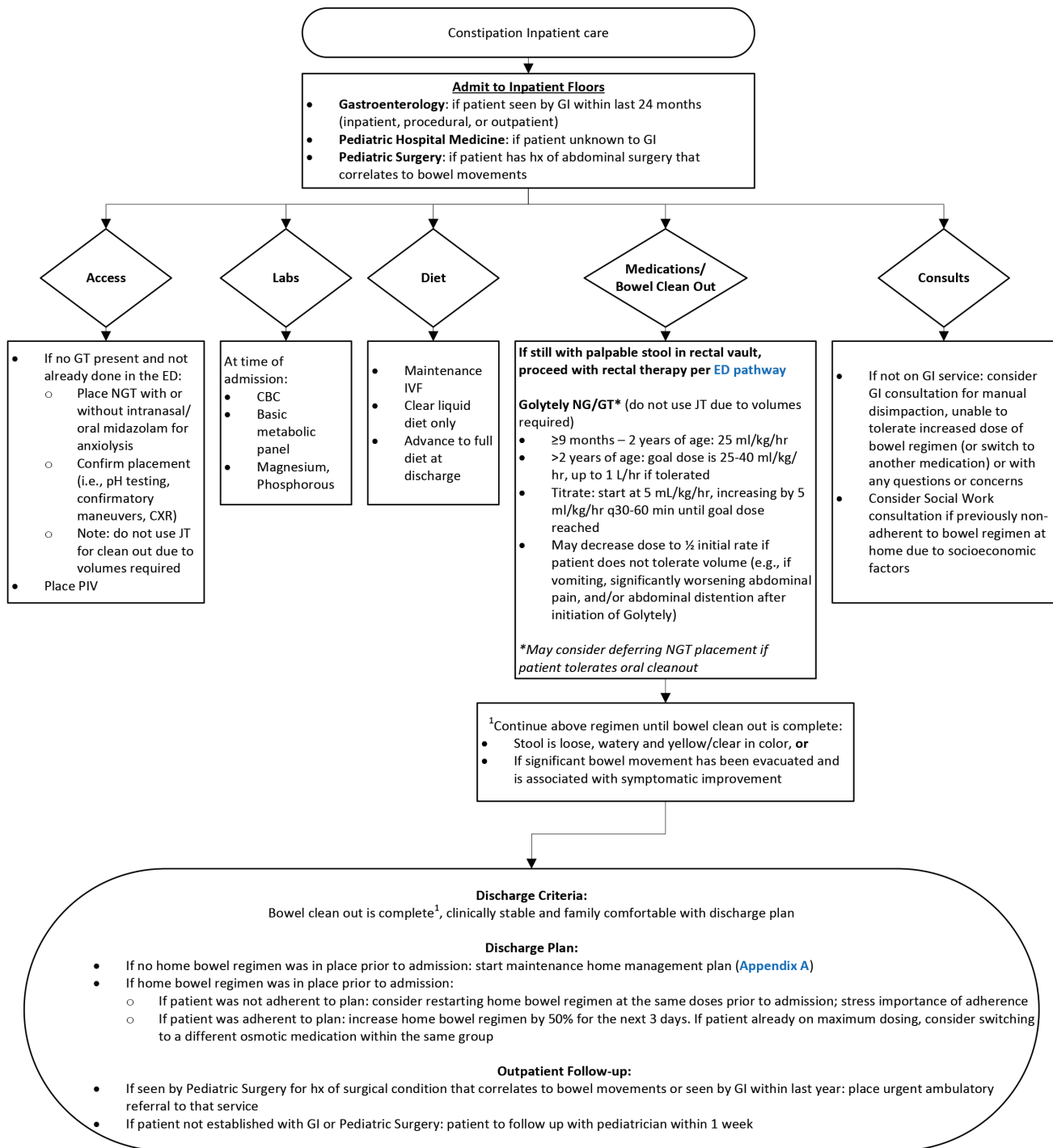


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CLINICAL PATHWAY: Constipation Inpatient Care

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CLINICAL PATHWAY: Constipation Appendix A: Acute and Maintenance Home Management

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Acute Home Management:

*Preferred medication is polyethylene glycol, alternative is magnesium citrate:

Medication	Weight/Age Based Dosage	Dose & Frequency
Polyethylene glycol <ul style="list-style-type: none"> 17 g per 1 cap packet mixed in 6 – 8 ounces of fluid 	≥ 9 months	2 g/kg once daily (Max 238 g once per day)
Magnesium Citrate <ul style="list-style-type: none"> 1.745 g/30 mL 	≥ 6 years	4-6 mL/kg per day (Max 300 mL once per day)

- Cleanout is completed if stool is water in consistency AND yellow or clear in color OR after three days of daily cleanout
- After cleanout is completed, initiate maintenance therapy the following day

Maintenance Home Management:

*Preferred osmotic agent is polyethylene glycol, alternative is lactulose:

Medication		Weight/Age Based	Dose & Frequency	Expected Onset of BM
Polyethylene glycol <ul style="list-style-type: none"> 17 g per 1 cap packet mixed in 6 – 8 ounces of fluid 		9 months to 18 years of age	0.4 – 0.8 g/kg per day (Max 17 g per day)	24 – 96 hours
		≥ 18 years of age	17 g per day	
Lactulose <ul style="list-style-type: none"> 10 g/15 mL solution 		9 months to 18 years of age	1 mL/kg once or twice per day (Max 60 mL daily total)	24 – 48 hours
		≥ 18 years of age	15 – 30 mL once or twice daily (Max 60 mL total per day)	

- Continue maintenance therapy until follow up visit with provider for constipation



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