

RESOURCES

AND WAYS TO CONNECT FOR YOUNG ADULT CANCER PATIENTS & SURVIVORS

AYA = Adolescents and Young Adults

Ways to Connect

Dear Jack Foundation

Provides online opportunities for connection and retreats for young adults diagnosed with cancer.

www.dearjackfoundation.org

Elephants and Tea

Helps adolescent and young adult patients, survivors and caregivers know they are not alone in their fight with cancer by providing information and opportunities for connection.

www.elephantsandtea.com

Cactus Cancer Society

Provides a space where young adults can connect, cope, and thrive with one another in an online community through creativity and expression.

www.cactuscancer.org

Stupid Cancer

Empowers and connects young adult patients and survivors and offers a great resource guide.

www.stupidcancer.org

Resources

B-Present

Provides helpful tools to organize your support network during treatment.

www.b-present.org

Circle of Care

Based in Connecticut, Circle of Care offers programming and resources for teens and young adults.

www.thecircleofcare.org

Cancer and Careers

Empowers and educates people with cancer to thrive in the workplace.

www.cancerandcareers.org

Imerman Angels

Partners individuals seeking cancer support with a "Mentor Angel" so that no one has to face cancer alone.

www.imermanangels.org

Reid R. Sacco AYA Cancer Alliance

Founded in 2005, the Alliance has evolved into a renowned leader in drawing attention to, and finding solutions for, a broad spectrum of gaps and unique challenges faced by AYAs diagnosed with cancer.

www.ayacanceralliance.org

Take Charge

Education and support on fertility preservation.

www.mycancerfertility.org

Teen Cancer America

Teen Cancer America works as a change agent improving the lives of young people with cancer supporting hospital programs across the country.

www.teencanceramerica.org

Together Teens & 20's

Focuses on all aspects of the AYA cancer experience with helpful information and videos.

www.together.stjude.org/en-us/teensand20s

Expect Miracles Foundation

Offers financial support for young adult cancer survivors.

www.expectmiraclesfoundation.org/samfund/

Triage Cancer

Provides education, materials and workshops on the issues that impact individuals diagnosed with cancer.

www.triagecancer.org

The Ulman Cancer Fund for Young Adults

Provides support, education and resources for young adults, their family and friends dealing with cancer.

www.ulmanfund.org

Camps, Trips and Opportunities for Young Adults

Big Sky Kids@Eagle Mount

Offers young adult retreats and opportunities for adventure in Montana.

www.eaglemount.org/program/big-sky-kids

Camp Mak-A-Dream

Provides a Montana camp experience for teens and young adults.

www.campdream.org

Cassie Hines Shoes Cancer Foundation

Offers a free adventure based weeklong program in Northern Michigan.

www.cassiehinessshoescancer.org

Do it for the Love

Provides concert tickets to those who need the healing power of music.

www.doitfortheLove.org

Dream Street

A free week-long retreat in Arizona for young adults (18-24) who are dealing with life threatening illnesses.

www.dreamstreetfoundation.org

Epic Experience

Free week-long outdoor experiences for individuals who have been diagnosed with cancer.

www.epicexperience.org

First Descents

Free outdoor adventure programs for young adults ages 18-39 diagnosed with cancer after the age of 15.

www.firstdescents.org

Flashes of Hope

A national organization that partners with Connecticut Children's to provide free photo sessions to our patients. For more information, ask your social worker.

Livestrong at the YMCA

A 12-week fitness program for cancer survivors ages 18 & up.

www.livestrong.org/ymca-search

Next Step

Offers opportunities for connection, mentoring and summer "campferences" for teens and young adults (up to age 29).

www.nextstepnet.org

Project Koru

Find adventure and community in programs for ages 18-39.

www.projectkoru.org

Send It Foundation

The Send It Foundation creates free multi-day outdoor adventures for young adults ages 21 – 40.

www.senditfoundation.org

Special Wishes

Local wish granting organization that grants wishes up to age 21.

Speak to your social worker for a referral.

True North Treks

Free weekend or week-long backpacking and canoeing treks in wilderness destinations for young adult cancer survivors (ages 18-39) and caregivers.

www.truenorthtreks.org



Scholarships

There are many scholarship opportunities available for current cancer patients and survivors. An internet search will provide many options. Ask about our scholarship list as well.



The Center for Cancer and Blood Disorders has a Resource Specialist available who can offer resources to assist with financial needs that may arise during treatment. Please ask someone on your care team to be connected.