

MEET THE STAFF

Carl W. Nissen, MD
Orthopaedic Surgeon

Matthew Milewski, MD
Orthopaedic Surgeon

Dave Wang, MD
Sports Medicine Physician

Imran Hafeez, MD
Sports Medicine Physician

AJ Ricciuti, PA, ATC
Physician's Assistant

Kevin Fitzsimmons, MHS, PA-C
Physician's Assistant

Regina Kostyun, ATC, MSEd
*Athletic Trainer,
Concussion Program Coordinator*

Kyle Kostyun, ATC, MS
*Athletic Trainer and Director of Transitional
Therapy Program*

Leanne Klepacki, PT
Physical Therapist

Tricia Prokop, PT
Physical Therapist

Danielle Suprenant, PT
Physical Therapist

Nicholas Giampetruzzi, PT
Physical Therapist

Arthur Fredericks, PT
Physical Therapist

Catherine McManus, PT
Physical Therapist

Matthew Weston, PT
Physical Therapist

Pam Rosow, RD
Sports Nutritionist

TREATING THE ENTIRE ATHLETE

Getting you back in the game!



Our staff is here to help you.

Please call **860.284.0220**
to schedule an appointment.

WWW.ELITESPORTSMEDICINE.ORG

Connecticut Children's Medical Center is a nationally recognized, 187-bed not-for-profit children's hospital serving as the primary teaching hospital for the Department of Pediatrics at the University of Connecticut School of Medicine. Named among the best in the nation for two of its pediatric specialties in the annual *U.S. News & World Report* "Best Children's Hospitals" rankings, Connecticut Children's is the only free-standing children's hospital in Connecticut that offers comprehensive, world-class health care to children. Our pediatric services are available at Connecticut Children's Medical Center in Hartford and at Saint Mary's Hospital in Waterbury, with neonatal intensive care units at Hartford Hospital and the University of Connecticut Health Center, along with a state-of-the-art ambulatory surgery center, five specialty care centers and 11 other locations across the state. Connecticut Children's has a medical staff of nearly 1,100 practicing in more than 30 specialties.

For more information, visit

WWW.CONNECTICUTCHILDRENS.ORG

ELITE⁺ SPORTS MEDICINE

Connecticut Children's Medical Center



DIABETES & ENDOCRINOLOGY
UROLOGY

282 Washington Street, Hartford, CT 06106

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ELITE⁺ SPORTS MEDICINE

Connecticut Children's Medical Center



ABOUT ELITE SPORTS MEDICINE

Elite Sports Medicine (ESM) is a comprehensive, multidisciplinary program geared to the student athlete ages 10 to 30. Athletes rarely have a single medical problem, yet the specialization of care often causes fragmented or incomplete medical care to occur. ESM works to reduce this risk by combining multiple disciplines in one location allowing for the treatment of the entire athlete.

COMPREHENSIVE CARE

College and professional athletes benefit from the expertise and services of multiple disciplines. As athletic participation grows for younger students, bringing the knowledge and benefit of different disciplines to them is perhaps even more important to protect their health and safety. ESM providers, each with their advanced training and experience, strive to protect and improve the performance of each student-athlete they treat through *sports injury prevention*, *transitional therapy*, advanced *sports physical therapy*, *non-operative sports medicine* diagnostic and therapeutic interventions, cutting edge *concussion diagnosis and care*, *sports nutrition services* as well as standard and advanced *sports medicine operative* procedures.

Please visit WWW.ELITESPORTSMEDICINE.ORG for more information.



WE ARE COMMITTED TO YOU

Elite Sports Medicine

Our providers specialize in sports medicine. Our team of professionals have experience in treating athletes of all levels, from recreational to college and pro athletes. Besides individualized operative and non-operative care, we currently provide care for:

- Youth organizations
- High Schools, *including: Farnington, Southing and Westminster Schools*
- Colleges, *including: Trinity, Quinipiac and University of Saint Joseph*
- National Organizations, *including: US Lacrosse, US Figure Skating, Major League Lacrosse*

Our physicians and medical providers have one goal in mind; to return the athlete to play safely, quickly and to the highest level of ability.

GETTING YOU BACK IN THE GAME

Services we offer:

- Surgical Sports Medicine
- Non-operative Sports Medicine
- Injury Prevention Programs
- Concussion Management
- Transitional Therapy
- Specialized Sports Physical Therapy
- Sports Nutrition Services
- Sports related research in conjunction with The Center for Motion Analysis

