WHAT MAKES YOUR FAMILY STRONG?

THE REALITY IS...
Hard Times, Adversity, Misfortune, Hard Knocks, Bad Breaks, Difficulties, Tough Luck... Whatever you call it - your family is sure to face it at one time or another.

THE GOOD NEWS IS...
The risks that you and your children face DO NOT define your family - Protective factors DO! Research shows that when these Protective Factors are well established, family strength & optimal child development emerge.

- Parental Resilience
- Exercise Flexibility
- Develop your inner strength

- Social Connections
  Make a friend

- Knowledge of Parenting & Child Development
  Learn to be your child’s expert

- Concrete Support in Times of Need
  Ask for help

- Social & Emotional Competence of Children
  Give your child words to express how they feel

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*a Collaborative Community Action Project*

**Strengthening Families**

Strengthening Families is a framework developed by the Center for the Study of Social Policy (CSSP) to prevent child abuse and neglect by building four protection factors.

*Collaborative Community Action Project*

**Strengthening Families**

What Makes Your Family Strong? campaigns created by:
The Great Start Collaborative of Charlevoix, Emmet, & Northern Antrim Counties:
www.charlevoixemmetnarantrimestartstrong.org

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Please see our website for additional training opportunities and materials:
www.chilfraco.org