

# SCHEDULE YOUR CHILD'S FLU SHOT TODAY

## This year, kids should get their flu shot in September, or ASAP.

It takes a few weeks for a vaccine to work. By getting their flu shot as soon as possible, your child's immune system will be protected before the flu becomes widespread (usually, October).

## It's especially important because of the pandemic.

If your child has had their flu shot, they're much less likely to catch the flu – and because they'll be healthier overall, they'll also be less likely to catch COVID-19.

## Kids (and adults) need a flu shot every year.

Vaccines become less effective over time. Plus, there are often several different versions of the flu going around, and last year's shot won't cover all of them.

## Some kids will need a second shot.

If it's your child's very first flu shot and they're under age 8, they will need a second shot about four weeks later. If your child is immunocompromised, they may need a booster shot around January.

Talk to your pediatrician about your child's individual needs.

## When you schedule your child's flu shot, catch up on their other health needs.

Your pediatrician's calendar may fill up quickly – so schedule now!

## Questions?

Talk to your pediatrician, or call Connecticut Children's 24/7 Pediatric COVID-19 Hotline at **833.226.2362**.

Find lots more resources for families at **[connecticutchildrens.org](https://connecticutchildrens.org)**.

