TARGET AUDIENCE:
Pediatricians, family practitioners, psychiatrists, pediatric advanced-nurse practitioners, and physician assistants. Registered nurses, APRN’s, and school nurses also may find the information valuable.

OBJECTIVES:
1. Describe and apply current research about screen use in children for pediatric primary care including socioeconomic and racial/ethnic disparities in screen time use.
2. Develop methods for discussing and assessing screen time use for children from birth through adolescence.
3. Distinguish when screen time use is suggestive of a possible underlying disorder and what next steps to take.

"Management of Screen Time Use in Children in the 2020s: A Toolkit for Pediatric Primary Care"

Robert Keder, MD

OBJECTIVES:
1. Describe and apply current research about screen use in children for pediatric primary care including socioeconomic and racial/ethnic disparities in screen time use.
2. Develop methods for discussing and assessing screen time use for children from birth through adolescence.
3. Distinguish when screen time use is suggestive of a possible underlying disorder and what next steps to take.

"Pediatric and Adolescent Knee Pain"

Allison Crepeau, MD

OBJECTIVES:
1. Describe the physical examination of the knee.
2. Discuss the causes of acute and chronic knee pain in pediatric and adolescent patients.
3. Describe basic treatment options for acute and chronic knee conditions such as meniscus injuries, ACL tears, patellar dislocation, Osgood-Schlatter Disease, and patellofemoral pain syndrome.

"Improving Pediatric Sleep from Infancy Through Adolescence"

Lynelle Schneeberg, PsyD

OBJECTIVES:
1. Discuss ways of determining whether a child needs a sleep study or behavioral sleep training.
2. Discuss behavioral approaches to improve sleep for infants, toddlers, and school-aged children.
3. Discuss ways to help adolescents obtain adequate sleep.

Protect Kids Not Guns: What Pediatricians Can Do To Improve Firearm Safety

Allison Crepeau, MD

OBJECTIVES:
1. Describe the scope of the problem of pediatric firearm-related injuries and review data related to firearm legislation.
2. Identify ways that pediatric providers can work towards improving firearm safety and preventing injury in the pediatric population particularly within 4 domains: advocacy, clinical care, education and research.

Psychological Approaches to Pediatric Chronic Pain

Timothy LaVigne, PhD

OBJECTIVES:
1. Describe the biopsychosocial model of pain
2. Review the cognitive triangle and adaptations for pain
3. Review behavioral and cognitive pain coping strategies

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