

## Indoor Vaccine Clinic at **Dunkin' Donuts Park**

1214 Main Street, Hartford, CT

Entrance through the Main Gates on Main Street. Free parking across the street at the Dunkin Stadium Parking Lot, 1215 Main Street.

**Sunday, Nov. 14 | 10 am-4 pm**  
**Sunday, Dec. 5 | 10 am-4 pm**

**Entertainment and giveaways include:** Dunkin gift cards, stilt walkers, Yard Goats mascots, etc...



**860.757.4830**

Call for information and scheduling.  
**Appointments strongly encouraged.**  
Or walk in any time.

# The wait is over! A COVID-19 vaccine is now available for ages 5 to 11.

### Why Kids Should Get the COVID-19 Vaccine

The vaccine is the most important step you can take to protect your child from COVID-19.

- **Safe and effective**
- **Protects your child**
- **Helps end the pandemic**

### What to Bring to Your Child's Vaccination

- **Show us your muscles!** Make sure your child wears a shirt with easy access to their upper arm, like a T-shirt.
- **Bring a list** of your child's current medications and any allergies.
- **Masks** are required for everyone over age 2.
- **Pack comfort items** for your child.

### How to Support Your Child

Some kids (and adults!) get nervous around needles. But a little planning ahead can help.

- **Prepare yourself.** If you're calm and confident, it's easier for your child to be too. Have questions about the vaccine and kids? [Check out the vaccine FAQs](#) on the back of this page.
- **Prepare your child.** A few days before, let your child know they're going to get special medicine called a vaccine. Use a familiar example, like a flu shot, to explain how.

- **Teach your child a calming exercise.** Learn how at [connecticutchildrens.org/calm](https://connecticutchildrens.org/calm), and practice at home.
- **Pack comfort items.** Have your child choose a toy, book, fidget gadget or handheld activity to bring from home. Pack a few surprises, like stickers, in case they need an extra distraction.
- **Plan a fun ride to the vaccine clinic.** Let your child choose the music, get them talking about a favorite hobby, or challenge them to the license plate game.
- **Brainstorm a reward.** Whether it's a treat or a trip to the park, give your child something to look forward to when they're done. If you visit one of our clinics at Dunkin' Donuts Park, we will have some small surprise treats to help with this!

### Want more tips?

Check out [connecticutchildrens.org/covidvaccine](https://connecticutchildrens.org/covidvaccine).

### Did you know?

Connecticut Children's is the only health system in Connecticut dedicated to children. We're proud to work with the community partners below to make sure kids have convenient access to the COVID-19 vaccine.



## FAQs: The COVID-19 Vaccine and Kids

*Currently, all kids ages 5 and up are eligible for the vaccine. These are general answers to common questions. For questions about your child's individual health history, contact your child's pediatrician.*

### **If most kids don't get very sick from COVID-19, why do they need a vaccine?**

While serious illness occurs less in kids than adults, it still happens. Throughout the pandemic, thousands of children in the U.S. have been hospitalized with COVID-19. And we're still studying the long-term effects of this illness.

Plus, the vaccine helps prevent kids from spreading COVID-19 to loved ones and other people in the community. It helps them fully participate in school, since quarantine requirements are often different for students who are vaccinated. It's a safer way for your family to return to favorite activities.

### **How do we know the COVID-19 vaccine is safe for young kids?**

Safety experts from the CDC and FDA have carefully reviewed months of clinical trial data for ages 5 to 11, and found that the vaccine is safe and effective for this age group. Millions of doses have already been given to adolescents and adults in the U.S.

### **Which COVID-19 vaccine will young kids get?**

All children ages 5 to 17 receive the Pfizer-BioNTech vaccine, which is currently the only COVID-19 vaccine authorized for these ages. At all ages, this vaccine is given in two shots, about three weeks apart. Ages 5 to 11 receive a low dosage: just 10 micrograms per shot, a third of the dosage for adolescents and adults.

### **How does the vaccine work?**

The vaccine uses mRNA technology, which has been studied for more than a decade. There is no live virus involved – the mRNA molecule is simply a messenger that tells the body how to create an immune response. Then it's quickly broken down by the body and disappears.

### **Will my child have side effects from the COVID-19 vaccine?**

Just like adults, it's common for some kids to have a fever, be tired and achy, and feel sore where they got their shot. These symptoms go away in about a day. Similar side effects are common with lots of routine vaccinations, including the flu shot.

### **Can I give my child acetaminophen (Tylenol) or ibuprofen (Motrin or Advil) for the above side effects?**

If your child develops fever or pain after their vaccine, it's fine to give them an appropriate dosage of children's pain reliever.

Just don't do it as a precaution *before* their vaccine. (That could interfere with their immune response, and make the vaccine less effective.)

### **Should I be worried about myocarditis as a side effect of the vaccine?**

COVID-19 infection is actually much more likely to cause myocarditis than the vaccine. Cases linked to the vaccine have been rare and mostly mild, and almost all have gone away on their own. In other words, one way to protect your child from myocarditis is getting their COVID-19 vaccine.

### **If my child already had COVID-19, should they still get the vaccine?**

Yes. Even though they'll have some level of natural immunity, the vaccine provides additional protection. It's possible to get COVID-19 more than once, so the vaccine helps prevent another infection.

### **Is it OK if my child recently got their flu shot, or will be getting one soon?**

Yes, that's fine. The COVID-19 vaccine can be given at the same time as other routine vaccinations, including the flu shot.

### **Is there any reason my child should NOT get the vaccine – for example, if they have a certain underlying health issue?**

Your child's pediatrician knows your child's health history best, so reach out to them with specific concerns. But in general, almost every eligible child should get the vaccine. One exception is kids who have had a severe allergic reaction to a similar vaccine, but these cases are usually very rare.

### **I still have questions about the COVID-19 vaccine. Where can I find more information?**

For more FAQs, visit [connecticutchildrens.org/covidvaccine](https://connecticutchildrens.org/covidvaccine). For specific questions about your child, contact your child's pediatrician. They're your best resource for your child's unique health history.

### **Where can I bring my child for their COVID-19 vaccine?**

Call the number on the other side of this sheet for our vaccine clinic at Dunkin' Donuts Park in Hartford.

You can also check out [connecticutchildrens.org/covidvaccine](https://connecticutchildrens.org/covidvaccine), which links to other clinics throughout the state. The vaccine will be widely available in the community, and we encourage you to go wherever is most convenient.

**This is exciting.** Your child is about to have their best protection against COVID-19!