

EASY BREATHING

It's estimated that more than 25 million people live with asthma in the United States, and many of them are children whose families are unaware they have the disease. Children in Connecticut experience particularly high rates of asthma. In this state, 11% of children have asthma, compared to 9% nationwide.

To improve recognition of asthma and create a standardized approach to asthma control, Connecticut Children's offers the Easy Breathing[®] program — an asthma management program specifically designed for busy pediatricians, primary care practitioners and family medicine practitioners.

Easy Breathing is a simple evidence-based asthma management program that includes tools to improve recognition of asthma, classification of asthma severity and asthma treatment. Easy Breathing adheres to the National Asthma Education and Prevention Program Guidelines and translates them into a simple approach to managing asthma.



Easy Breathing offers tools to:

- Improve recognition of asthma and classification of severity
- Assist clinicians in developing a systematic, standardized approach to asthma management in their practice
- Decrease the need for unnecessary medical services and reduce healthcare costs for people with asthma

Practices receive:

- 1 CME credit
- Opportunity to earn 25 MOC Part 4 credits
- Meal during the training

[Learn more](#) about Educating Practices or [contact the Educating Practices team](#) to schedule a training session.