

## PROMOTING PROTECTIVE FACTORS

Protective factors are conditions or attributes (skills, strengths, resources, supports, and coping strategies) that allow families and children to cope with adversity. Pediatric professionals can promote child and family resilience using the Protective Factors Framework to support optimal child development and buffer the negative effects of toxic stress.

This training teaches pediatric primary care practices how to implement the Protective Factors Framework to better support families in developing resiliency and ensuring optimal child development. Strategies for addressing health equity and delivering culturally sensitive care are also included.

### Practices receive:

- Resources and/or referral information
- 1 CME credit
- Opportunity to earn 25 MOC Part 4 credits
- Meal during the training



[Learn more](#) about Educating Practices or [contact the Educating Practices team](#) to schedule a training session.