



- Discharge Criteria:**
- Clinically stable, blood glucose in acceptable ranges, education scheduled/planned as outpatient by endocrine (see below), scheduled discharge times and outpatient visits (see below)
- Discharge Instructions:**
- Education:** RN provides basic diabetes education using Basic Diabetes Education for patients and families, and Nursing Guidelines for Basic Diabetes Education to patients/families; Patient and family to perform as much care as possible, under RN supervision (glucose monitoring with home meter if applicable, insulin injections) and demonstrate understanding of concepts and techniques; RD/Educator to provide education on carb counting (outpt or inpt)
  - Suggested discharge times and outpatient visits:**
    - (1) If discharged after dinner: present to endo clinic pre-breakfast the following day OR
    - (2) If discharged on the weekend: discharge Sunday evening to present to endo clinic pre-breakfast on Monday OR
    - (3) If discharged Monday prior 11 AM: present to endo clinic pre-lunch (12:30 PM)